



## LETTER CIRCULAR - Institute for Education

**Date:** 09 October 2023

**Ref:** IfE 73/2023

**From:** Joanne Grima – CEO

**To the attention of:** Heads (College Network), Heads of Schools, Assistant Heads of State and Non-State Schools

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**Subject:** Parental/Guardian Course – The Football Parent/Guardian

**Application Link:** [PSS67/01/2024](https://pss67/01/2024)

**Applications Open:** 09 October 2023

**Fee:** Home/EU/EEA Applicants: €15

**Applications Deadline:** 11 December 2023

Non-EU/EEA: €60

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The Institute for Education is accepting applications submitted online for a parental/guardian course titled: **The Football Parent/Guardian** commencing in **January 2024**

The Football Parent Course (FPC) is designed to empower parents as essential stakeholders in their child's football journey. The aim is to equip parents with the knowledge and skills needed to support their sons and daughters in the dynamic world of football. Throughout the course, expert speakers will delve into a range of crucial topics that contribute to a young footballer's development. These topics include long-term player development, handling growth spurts and injuries, addressing mental aspects of the game, parental involvement, safeguarding, media exposure, scouting, and the pursuit of success. Each of these subjects will be explored in relation to a young player's career, fostering a deeper understanding among parents.

By engaging in these discussions, parents will have the opportunity to exchange experiences with both the course facilitators and fellow parents/guardians, creating a collaborative learning community. This community shares a common goal: nurturing the growth and potential of their children in football. Parents who gain enhanced competencies become positive role models for their children and enhance the prospects of their children in realising their full potential. Moreover, this course emphasises that football is not just about the destination, but the journey itself. Parents will learn to appreciate their child's football journey and together discover how to create lasting memories and valuable life experiences.



This course also provides a unique bonding opportunity through the beautiful game of football, ensuring that parents become positive influences in their child's developmental pathway.

The course will be divided into 9 modules of 2½ hours each so that parents will have the opportunity to learn about aspects which could influence the player's development through presentations, discussions, workshops and coffee breaks so that discussions are related to the experiences of each participant. Join us in this journey of growth, learning, and shared experiences, as we champion your child's football dreams!

Thank you.

**Joanne Grima**  
Chief Executive Officer

<b>PSS67/01/2024 - The Football Parent/Guardian - Schedule of Sessions</b>			
<b>Date / Time</b>	<b>Module</b>	<b>Date / Time</b>	<b>Module</b>
<b>25/01/2024</b>	<b>Module 1: Child Development</b>	<b>28/02/2024</b>	<b>Module 6: Building the Player</b>
16:00-17:15	LTPD	16:00-17:15	Physical Training
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Child Development	17:30-18:30	Load, Recovery & Overtraining
<b>01/02/2024</b>	<b>Module 2: The Positive Parent</b>	<b>07/03/2024</b>	<b>Module 7: Learning &amp; Programming</b>
16:00-17:15	Parental expectations	16:00-17:15	Learning
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Parenting in the new world	17:30-18:30	Club Philosophy & Programming
<b>08/02/2024</b>	<b>Module 3: The Player</b>	<b>14/03/2024</b>	<b>Module 8: Scouting &amp; the Media</b>
16:00-17:15	Nutrition	16:00-17:15	Scouting
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Physical Development & Injuries	17:30-18:30	Media effects on the Player
<b>15/02/2024</b>	<b>Module 4: Player's Welfare</b>	<b>21/03/2024</b>	<b>Module 9: Winning &amp; Development</b>
16:00-17:15	The Player	16:00-17:15	Winning vs Development
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Safeguarding	17:30-18:30	Discussion on film: No hunger in Paradise
<b>22/02/2024</b>	<b>Module 5: Player Protection</b>		
16:00-17:15	How the Union can help		
17:15-17:30	Networking Break		
17:30-18:30	How Parents support their Athletes		
<b>Location: Sessions will be held face-to-face at the Institute for Education, Pembroke</b>			