

GUIDE FOR STEP 1

STEP 1: Self-SWOT Analysis

Use the SWOT matrix to reflect upon your personal traits, qualities and areas you would like to improve.

STRENGTHS

- o What qualifications/certifications do you have?
 - o Are you an expert in a particular area?
 - o What do you do better than others?
 - o What are your best qualities?

WEAKNESSES

- o What areas do you need to improve on for your role or future role?
 - o What do you find challenging?
- o Which of your current practices do you need to bring up to speed?

OPPORTUNITIES

- o What training opportunities are available? (E.g.seminars, webinars, conferences, conferences, courses)
- o What are the career opportunities available that match your skill set?
- o What projects/activities interest you within your organisation?

THREATS

- o What are the factors hindering your continuous improvement?
 - o What policies or reforms do you think affect you negatively?

INTERESTS IN EDUCATION:

o Which areas in education interest you?

E.g. subject area, STEM, experiential learning, PBL, IBL, diversity, philosophy, sociology, learning through the arts, literacy, numeracy, multiculturalism, well-being, technology, etc.

PERSONAL INTERESTS AND TALENTS:

o What personal interests and talents do you have that could be useful in your current role? E.g. music, art, craft, sports, drama



GUIDE FOR STEP 2

STEP 2: Set SMART Goal/s

Set short term or long term goals that are

Specific Measurable Attainable Realistic and Time-bound.

SMART Goal/s	Competencies to work on and action to be taken	Deadline to achieve goal
o Set a short term goal (0-12 months) or a long term goal (12+ months) o Align your goal with one or more of the following: - School Development Plan (SDP) - Students' needs - National policies - Educational area of interest - Personal interests - Personal needs	COMPETENCIES: (knowledge, skills, attitude) o What competencies do you want to improve? ACTION: o What training will you attend? E.g. formal, non-formal, informal.	DATE: o Set a realistic date to achieve the goal.
GOAL:	COMPETENCIES: ACTION:	DATE:
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REFLECTION UPON COMPLETION OF GOAL/S:

Reflective prompts:

- o What have you learnt during the process of achieving your goal/s?
- o Are there other avenues you would like to explore?
- o What troubled you during the process?
- o Would you like to further your studies?



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	ACTION:			
REFLECTION UPON COMPLETION OF GOAL/S:				