



LETTER CIRCULAR - Institute for Education

Date: 29 November 2022

Ref: IfE 73/2022

From: Joanne Grima – CEO

To the attention of: Heads (College Network), Heads of Schools, Assistant Heads of State and Non-State Schools

Subject: Parental/Guardian Course – The Football Parent/Guardian

Application Link: [PSS67/01/2023](https://pss67/01/2023)

Applications Open: 29 November 2022

Fee: Home/EU/EEA Applicants: €15

Applications Deadline: 17 January 2023

Non-EU/EEA: €60

The Institute for Education is accepting applications submitted online for a parental/guardian course titled: **The Football Parent/Guardian** commencing in **February 2023**.

The intention of the Football Parent Course (FPC) is to support the parent as an important stakeholder to be able to take care of his/her son/daughter within the environment of football. Various topics which can help the young footballer develop better will be discussed by relative experts in their area. In particular, long-term development, growth spurts and injuries, mental aspects, parental involvement, safeguarding, media, scouting and winning will be brought to the fore and examined in relation to the career of a young football player. These topics will create opportunities to share experiences between the animator and the parents and between the parents themselves generating a learning community which has a common interest – fostering the development of their own son/daughter.

A parent who acquires greater competences can be a positive role model for his/her son/daughter and will increase the chances of his/her son/daughter to reach the full potential. Yet, football is also about the process and the parent will learn how to value the journey of their son/daughter and together learn how they can develop lifetime experiences and lessons which they will treasure throughout their life. It is a great opportunity for bonding through the wonderful game of football, while ensuring that they are positive influences in their son/daughter's developmental pathway.



The FPC will be divided into 8 modules of 2½ hours each so that parents will have the opportunity to learn about aspects which could influence the player’s development through presentations, discussions, workshops and coffee breaks so that discussions are related to the experiences of each participant. This course does not have any formal assessments but is aimed to develop and refine parental/guardian skills that are required in football. A certificate of attendance will be awarded at the end of the course.

PSS67/01/2023 - The Football Parent/Guardian - Schedule of Sessions			
Date / Time	Module	Date / Time	Module
02/02/23	Module 1: Child Development	02/03/23	Module 5: Building the Player
16:15-17:30	LTPD	16:15-17:30	Physical Training
17:30-17:45	Networking Break	17:30-17:45	Networking Break
17:45-18:45	Child Development	17:45-18:45	Load, Recovery & Overtraining
09/02/23	Module 2: The Positive Parent	09/03/23	Module 6: Learning & Programming
16:15-17:30	Parental expectations	16:15-17:30	Learning
17:30-17:45	Networking Break	17:30-17:45	Networking Break
17:45-18:45	Parenting in the new world	17:45-18:45	Club Philosophy & Programming
16/02/23	Module 3: Player’s Welfare	16/03/23	Module 7: Scouting & the Media
16:15-17:30	The Player	16:15-17:30	Scouting
17:30-17:45	Networking Break	17:30-17:45	Networking Break
17:45-18:45	Safeguarding	17:45-18:45	Media effects on the Player
22/02/23	Module 4: The Player	30/03/23	Module 8: Winning & Development
16:15-17:30	Nutrition	16:15-17:30	Winning vs Development
17:30-17:45	Networking Break	17:30-17:45	Networking Break
17:45-18:45	Physical Development & Injuries	17:45-18:45	Discussion on film: No hunger in Paradise
Location: Sessions will be held face-to-face at the Institute for Education, Pembroke			

Thank you.

Joanne Grima
Chief Executive Officer