

## BPHY313 Teaching Net Games

ECTS Value: 4 ECTS  
Self-Study Hours: 50

Contact Hours: 20  
Assessment Hours: 30

### Overall Objectives and Outcomes

This module sets out to prepare learners for the design and delivery of lessons which focus on teaching net games to school age students. This module will focus primarily on volleyball and badminton as these are two of the most popular net games in schools. This module seeks to equip learners with an array of technical and tactical skills required to teach these net games. Nonetheless, a number of additional net games will be discussed. Discussions will guide students to elicit a number of practical ways for teaching these alternative net games. Moreover, pedagogical practices used to teach volleyball and badminton can be transferred to other games and physical activities.

By the end of this module, the learner will be able to:

### Competences

- Prepare a number of lessons in line with the physical education curriculum which focus on the teaching of skills used in volleyball and badminton.
- Assess the needs and abilities of students and adapt activities accordingly.
- Assess the students' learning and progress.
- Create a learning environment which promotes teaching across all four domains of physical education through net games.

### Knowledge

- Outline rules and concepts of an array of net games; particularly volleyball and badminton.
- Demonstrate knowledge of a range of activities which will add to the learners' repertoire of skills which will be used to teach net games.
- Determine practical methods of how skills can be taught in a physical education classroom with diverse student needs and abilities.

### Skills

- Set a number of learning outcomes for students which are Specific, Measurable, Achievable, Realistic, and Timely (SMART).
- Design an array of activities which help students achieve those learning outcomes.
- Demonstrate knowledge of specific closed skills as well as proficiency in executing open skills in ever changing game scenarios.
- Adapt tasks to cater for the students' different abilities.

### Assessment Methods

This module will be assessed through: Practical, Assignment

## Suggested Readings

### Core Reading List:

1. Schmidt, B. (2016). *Volleyball. Steps to Success*. Champaign, IL: Human Kinetics.
2. Clemens, T. and McDowell, J. (2012). *The volleyball drill book*. Champaign, IL: Human Kinetics.
3. Grice, T. (2008). *Badminton*. Champaign, IL: Human Kinetics.

### Supplementary Reading List:

1. Butler, J. and Griffin, L. (2010). *More Teaching Games for Understanding*. Human Kinetics.
2. Hellison, D. (2011). *Teaching personal and social responsibility through physical activity*. Champaign, Ill.: Human Kinetics.