

BPHY104 Teaching Dance

ECTS Value: 4 ECTS
Self-Study Hours: 48

Contact Hours: 20
Assessment Hours: 32

Overall Objectives and Outcomes

In this unit the students shall be introduced to 4 foundations in dance/ movement. The module will be divided into 4 units;

1. Movement and Safe dance practice
2. Foundation to dance analysis
3. Body Movement
4. Movement phrases

Throughout this module the student will engage in equipping themselves in the necessary tools to prepare students for the Physical education dance module as well as be able to analyse the works with a basic knowledge of movement. It will help the course participant to engage in a number of analytical and safe dance practice which will be used throughout their teacher experience.

By the end of this module, the learner will be able to:

Competences

- a. Analyse a choreographic work.
- b. Ensure safe dance practice with their students.
- c. Utilise knowledge of dance to guide students to create a short choreographic piece.
- d. Guide students through a series of movement exercises.

Knowledge

- a. Identify body movement and its' representation.
- b. Identify how to engage students and give them the necessary tools to create a short choreographic piece.
- c. Demonstrate knowledge of safe dance practice in a classroom.
- d. Analyse and determine the criteria for a choreographic piece.

Skills

- a. Determine the various aspects of safe dance practice.
- b. Identify the areas of analysis required for movement and a choreographic piece / phrase.
- c. Demonstrate an understanding of body movement through a number of theories.

Assessment Methods

This module will be assessed through: Journal, Practical Assignment

Suggested Readings

Core Reading List:

1. Bales, M. (2006). Body, Effort, and Space. A framework for use in teaching, in the Journal of Dance Education, 6,(3), p72-77.(online)
2. Gough, M. (1999). Knowing Dance: A guided for creative teaching. London: Dance Books. International Association for Dance Medicine and Science.
3. Jarvis, P. (2002). The theory and practice of teaching. London: Kogan Page
4. Sanders, L. (2013). Dance Teaching and Learning: Shaping Practice, (2nd Edition, London: Youth Dance.
5. Smith-Autard J.M, (2010), Dance Composition: A Practical Guide to Creative Dance Making. London: Taylor and Francis.
6. Smith-Autard, J.M. (2002). The Art of Dance in Education. London: Bloomsbury Publishing.
7. Wilmerding, V and Krasnow, D. (2009). Motor Learning and Teaching Dance

Supplementary Readings

1. Ashley, L. (2008). Dance Theory in Practice for Teachers: Physical and Performance Skills. New Zealand: Essential Resources Ltd.
2. Bales, M. and Netti-Fiol, R. (2008). The Body Eclectic: Evolving Practices in Dance Training. US: University of Illinois Press.
3. Billingham, L.A. (2005). The Complete Conductor's Guide to Laban Movement Theory. US: GIA Music.