

BHSC101 The Health and Social Care Profession

ECTS Value: 4 ECTS
Self-Study Hours: 48

Contact Hours: 20
Assessment Hours: 36

Module Description

The aim of this module is to introduce the course participants to the health and social care profession. This module is intended to provide the course participants with an understanding of the core values and principals guiding this profession. Among the topics which will be discussed, the learner will engage in discussion on basic, ethical dilemmas as well as the legislation related to the Health and Social Care environments. Soft skills including effective communication will also be tackled as well as the basic care roles and responsibilities of the health and social care professional in various care contexts.

Overall Objectives and Outcomes

By the end of this module, the learner will be able to:

Competences

- a. Develop knowledge and appreciation of the values central to work in health and social care;
- b. Evaluate and tackle ethical dilemmas supported by the principles that guide the health and social care profession;
- c. Apply basic soft skills such as sympathy, time management and flexibility through use of role plays and exercises;
- d. Create and maintain a professional relationship with persons under one's care;
- e. Comply with local legislation when carrying out tasks related to the care of individuals.

Knowledge

- a. Critically determine the core values of the profession including: individualisation, confidentiality, communication and client's self determination
- b. Understand what constitutes basic care work such as feeding and washing
- c. Develop an understanding of the person-centred approach to care delivery
- d. Recognise the role of key principals when facing an ethical dilemma
- e. Acquire the key principals of soft skills
- f. Develop an understanding local legislation regulating the Health and Social Care sector

Skills

- a. Develop an understanding of basic care skills;
- b. Develop time management skills;
- c. Work in a team;
- d. Respect confidentiality;
- e. Be knowledgeable about local legislation related to the field of health and social care/
- f. Create and maintain a professional relationship with both colleagues and clients.

Mode of Delivery

This module adopts the use of online learning activities. Information related to the structure and delivery of the module may be accessed through the IfE Portal. For further details, kindly refer to the Teaching, Learning and Assessment Policy and Procedures found on the Institute for Education's website.

Assessment Methods

This module will be assessed through: Analysis and Reflective Tasks.

Suggested Readings

1. Beckett, C. & Horner, N. (2015). Essential Theory for Social Work Practice (2nd Edition). London: Sage Publications.
2. Thompson, N. (2009). Understanding Social Work: Preparing for Practice (3rd Edition). UK: Palgrave Macmillan.
3. Moss, B. (2020) Communication Skills in Health and Social Care (5th Edition). London: Sage Publications.
4. Duncan, P. (2010). Values, Ethics and Health Care. London: Sage Publications.
5. Higgins, H., Lavers, S., Garnham, P. & Haworth, E. (2013) BTEC First in Health and Social Care Student Book (BTEC First Health & Social Care). UK: Pearson Education Limited.