

BHAB414 Body and Facial Electrical Treatments

ECTS Value: 6 ECTS
Self-Study Hours: 72

Contact Hours: 30
Assessment Hours: 48

Module Description

This unit is designed to familiarise participants with Facial and Body electrical treatments and to incorporate these treatments with manual techniques to treat skin and body concerns. This unit will allow for full comprehension of the purpose of electrotherapy, to enable them to utilize the electrical equipment and to plan treatments for specific skin/body types and conditions effectively whilst complying with necessary health and safety regulations. The learner will also be taught basic electricity: fuses, wiring a plug, effects of electricity on the skin and mainly the different currents used – Alternating current, Direct current, modified direct current, Surged current and Interferential current. Learners will also be taught how to use electrotherapy to treat specific conditions: Galvanic, faradic, micro current, vacuum suction, high frequency for face and body
G5 – gyratory treatment for body

Overall Objectives and Outcomes

By the end of this module, the learner will be able to:

Competences

- a) Develop a comprehensive understanding of researched effects and benefits of electrotherapy on the well-being of the body;
- b) Identify common skin/body complaints and provide treatment plan to meet client's concerns determined through a consultation and skin/body analysis;
- c) Prepare for and administer electrical treatments according to manufacturer's guideline and Health and Safety regulations;
- d) Analyse and record treatment results and evaluate effects of treatment and own performance.
- e) Create engaging lessons related to body and facial electrical treatments.

Knowledge

- a) Demonstrate knowledge of Facial and Body electrical treatments available within the industry, including effects and benefits of each machine;
- b) Identify specific skin and body complaint and formulate an effective treatment plan;

- c) Describe and identify contra-indications and special care requirements for each individual machine;
- d) Conduct a thorough consultation with the client to obtain personal and medical details and their specific objectives;
- e) Explain limitations of the electrotherapy treatments;
- f) Develop knowledge with setting up and operating electrical machines according to manufacturer's instruction and Health and Safety regulations;
- g) Develop operational knowledge all the devices, including identification of sound and sensation and any other contra-actions caused whilst device is being operated;
- h) Describe how to combine electrotherapy with manual techniques to enhance the treatment;
- i) Explain how to use machines effectively and safely to achieve maximum results;
- j) Explain home care and aftercare procedures in order to maximize treatment potential;
- k) Keep accurate client records and detailed accounts of treatments performed.
- l) Identify appropriate approaches in the design and delivery of lessons on facial and body electrical treatments.

Skills

- a) Show the effects and benefits of each piece of electrical apparatus
- b) Demonstrate knowledge and understanding of how to decide which electrotherapy treatment should be used for the specific skin/body condition
- c) Plan treatment processes according to client's requirements and preferences
- d) Demonstrate adequate safety procedures for set-up and operation of equipment
- e) Manually prepare skin/body effectively to enhance performance of electrical treatment
- f) Perform treatment correctly in relation to sequence, duration and efficiency
- g) Adapt treatment if/when necessary
- h) Record effects of treatment and obtain client feedback
- i) Demonstrate evaluation of treatment and self-evaluation for growth and development purposes
- j) Evaluate teaching approaches in the creation of successful lessons related to facial and body electrical treatments.
- k) Give feedback to support on their performance in relation to facial and body electrical treatments.

Mode of Delivery

This module adopts a blended approach to teaching and learning. Information related to the structure and delivery of the module may be accessed through the IFE Portal. For further details, kindly refer to the Teaching, Learning and Assessment Policy and Procedures found on the Institute for Education's website.

Assessment Methods

This module will be assessed through: Practical, Theoretical Assignment and Practical Task.

Suggested Readings

Core Reading List

1. Rosser, M. Couldridge, G. and Rosser, S. (2012) Body Therapy and Facial Work, Electrical Treatments for Beauty Therapists 4th Edition. London: Hachette UK
2. Nordmann, L. (2016). Professional Beauty Therapy: Level 3 5th Edition. Wales: Cengage Learning EMEA
3. Cressy, S. (2010). Beauty Therapy Fact File (5th Edition). UK: Pearson Education Limited.
4. Foulston, J. (2017). The Art and Science of Beauty Therapy: A Complete Guide for Beauty Therapists. (4th Ed.). UK: EMS Publishing.

Suggested Websites

1. <http://www.caci-international.co.uk/page/Treatment-Face>
2. <http://www.caci-international.co.uk/page/Treatment-Body>
3. <http://www.babtac.com/face-treatments/>
4. <http://www.babtac.com/body-treatments/>