

BHAB102 Facial and Eye Care Treatments

ECTS Value: 6 ECTS
Self-Study Hours: 105

Contact Hours: 30
Assessment Hours: 15

Module Description

This unit covers the basis knowledge of facial treatments including underpinning knowledge of the structure and functions of the skin, contra indications and skin diseases and disorders, enabling learners to recognize different skin type and skin conditions that can be treated by a beauty specialist. It is important that learners know different skin care products and their ingredients to be able to select the appropriate products for specific skin conditions. This unit also includes eyelash and eyebrow tinting and eyebrow shaping according to suitability and client's preferences.

Overall Objectives and Outcomes

By the end of this module, the learner will be able to:

Competences

- a) Perform a thorough consultation: analysing the skin while noting any contra indications that could restrict treatment;
- b) Recommend treatment according to client's specific needs;
- c) Demonstrate the ability to provide a professional facial and eye treatment following appropriate standard procedures;
- d) Demonstrate comprehensive knowledge of skin care products;
- e) Provide adequate aftercare and homecare advice;
- f) Create engaging lessons and resources on facial and eye care treatments.

Knowledge

- a) Describe the basic skin structure;
- b) Identify and recognise different skin types enabling learner to perform a selection of treatments depending on the skin type;
- c) Distinguish the different skin care products to be used professionally or at home;
- d) Distinguish skin diseases and disorders that might be contra indicated to the treatments;
- e) Explain procedure of good hygiene standards in beauty salons.
- f) Outline appropriate teaching approaches for the design and delivery of lessons on facial and eye care treatments.

Skills

- a) Create an adequate treatment plan according to client's needs and preferences;
- b) Perform treatments according to client's skin type
- c) Select the appropriate products according to skin type and condition;
- d) Give home care advice.
- e) Evaluate pedagogical approaches in the creation of lessons and resources related to facial and eye care treatments.
- f) Give feedback to learners on their performance in relation to facial and eye care

Mode of Delivery

This module adopts a blended approach to teaching and learning. Information related to the structure and delivery of the module may be accessed through the IfE Portal. For further details, kindly refer to the Teaching, Learning and Assessment Policy and Procedures found on the Institute for Education's website.

Assessment Methods

This module will be assessed through: Practical, Theoretical Assignment and Practical Tasks.

Suggested Readings

Core Reading List

1. Hiscock, J., Lovett, F., Anderson, L. and Kniveton, L. (2011). *Work-based learning, Beauty Therapy*. UK: Pearson Education Ltd.
2. Cressy, S. (2010). *Beauty Therapy Fact File (5th Edition)*. UK: Pearson Education Limited.
3. Tucker, L. (2011). *An Introductory guide to Anatomy and Physiology*. UK: EMS Publishing.
4. Aumand, S. and Btton, E. (2018). The eyelash follicle features and anomalies: a review. *Journal of Optometry*, vol 11(4), p. 211-222.
5. Morganti P, Morganti G, Chen HD, Gagliardini A (2019) Beauty Mask: Market and Environment. *J Clin Cosmet Dermatol* 3(2): dx.doi.org/10.16966/2576-2826.141

Suggested Websites

1. www.makeupandbeauty.com
2. <http://www.webmd.com/beauty/eyes/is-it-safe-to-tint-brows-and-lashes>