

BHAB101 Consulting, Shampooing, Conditioning and Styling Hair

ECTS Value: 6 ECTS
Self-Study Hours: 72

Contact Hours: 30
Assessment Hours: 48

Module Description

In this unit course participants will cover the importance of client consultation and to develop the required competences to shampoo, condition and style hair. Through this module, course participants will be able to:

- Deliver practical sessions including explanation and emphasis on the importance of client consultation prior every service offered in a salon.
- Research further on the anatomy and physiology of the hair and scalp.
- Explain the physical changes that occur in the hair and identify the tests required before each service.
- Explain the physical changes that occur during blow drying, styling and setting hair.

Overall Objectives and Outcomes

By the end of this module, the learner will be able to:

Competences

- a) Perform an effective consultation according to the client's needs;
- b) Carry out shampooing and conditioning service following appropriate standard procedure;
- c) Provide a hair styling service according to the purpose, methods, and different techniques used during styling and setting hair.
- d) Develop student's awareness on how to give an effective consultation with respect to hair;
- e) Guide students in the area of shampooing, conditioning and styling hair.

Knowledge

- a) Explain hair /scalp conditions, their causes and resolutions to the problem;
- b) Outline hairdressing guidelines to identify hair and scalp characteristics;
- c) Detail the anatomy and physiology of the hair and scalp (follicle, Dermis, Epidermis, different hair types);

- d) Develop an understanding of different types of communication with clients (verbal and non-verbal);
- e) Distinguish between different types of shampoo and conditioners;
- f) Explain methods for correct application and quantity of shampoo keeping in mind avoidance for flat hand or the application of shampoo direct to scalp;
- g) Demonstrate knowledge of the correct massage movements (rotary, petrissage and effleurage movements) to ensure thorough cleansing of hair and scalp with regard to hair type;
- h) Outline the appropriate method for the thorough removal of shampoo and the correct manner to wrap hair in towel and bring client to upright position.
- i) Develop knowledge on the hair and scalp to ascertain the precise nature of the problems, and to carry out any necessary tests to support this analysis.
- j) Outline the application of conditioning treatment to the hair/scalp followed by appropriate hand scalp massage.
- k) Demonstrate knowledge of appropriate teaching methods for lessons related conducting client consultations as well as performing shampooing, conditioning and styling hair.

Skills

- a) Determine the purpose of analysis of hair, scalp and skin condition and extend the reasons why this analysis precedes all other hairdressing processes;
- b) Demonstrate the methods used to analyse hair, scalp and skin condition;
- c) Prepare the client with protective clothing;
- d) Observe hair characteristics;
- e) Support and assess the comfort of the client;
- f) Analyse the formation of the hair and skin structure;
- g) Apply correct methods and techniques used during shampoo and conditioning the scalp and hair.
- h) Apply correct method of towel drying and prepare the client for the next procedure and clean the work-station (basin area) for the next client.
- i) Demonstrate how to set hair by taking a suitable mesh of hair and comb free of tangles, blow drying, and styling;
- j) Demonstrate alternative methods by analysing the client's requirements for the type of blow dry that should be offered;
- k) Demonstrate that all sections of hair are clear and neat;

- l) Maintain good direction of heat towards the hair when blow drying without causing discomfort to the client's scalp;
- m) Establish alternative methods of dressing/styling long/short hair.
- n) Assess teaching methods with regard to lessons on hair shampooing, conditioning and styling.
- o) Give students feedback with respect to their performance in client consultation, hair shampooing, conditioning and styling.

Mode of Delivery

This module adopts a blended approach to teaching and learning. Information related to the structure and delivery of the module may be accessed through the IfE Portal. For further details, kindly refer to the Teaching, Learning and Assessment Policy and Procedures found on the Institute for Education's website.

Assessment Methods

This module will be assessed through: Practical, Theoretical Assignment and Practical Tasks.

Suggested Readings

Core Reading List

1. Fernanda, M. and Dias M.R. (2015). Hair Cosmetics: an overview. *International Journal of Trichology*. 7(1). pp. 2-15
2. Halal, J. (2008). *Hair Structure and Chemistry Simplified* (5th Ed.). US: Delmar.
3. Marsh, J.M., Gray, J. and Tosti, A. (2015). *Healthy Hair*. Switzerland: Springer International Publishing
4. Palladino, L. and Green, M. (2015). *Hairdressing & Barbering: The foundations (NVQ): The Official Guide*. Cengage Learning Vocational
5. TAFE SA (2019). *Hair Science*. TAFE SA Government of Australia.
6. Tosti, A. and Asz-Sigall, D. and Pirmez, R. (2020). *Hair and Scalp Treatments: A Practical Guide*. Switzerland: Springer International Publishing.

Supplementary Reading List

1. Gavazzoni Dias, M.R., de Almeida, A.M., Cecato, P., Adriano, A.R., Pichler, J. (2014). The Shampoo pH level can affect the hair: myth or reality? International Journal Trichol Vol 6, pp. 95-99.
2. GoldsBro, J. and White. E. (2013). The Official Guide To Effective Teaching And Learning in Hairdressing. UK Cengage Learning EMEA.
3. Robbins, C.R. (2012) Chemical and Physical Behaviour of Human Hair. (5th Edition). Switzerland: Springer International Publishing